



# PRESS RELEASE

## How star-shaped cells increase flexible learning

Bonn researchers solve the hidden mystery of the role of astrocytes for learning processes and memory in the brain

Bonn, July 17 - Star-shaped glial cells, so-called astrocytes, are more than just a supporting cell of the brain. They are actively involved in learning processes and interact with the nerve cells. But what exactly is it that astrocytes do? Researchers at the University Hospital Bonn (UKB) and the University of Bonn are using a biophysical model to clarify how astrocytes interact with nerve cells to regulate rapid adaptation to new information. The results of the study have now been published in the renowned journal "Nature Communications Biology".

In the brain, synaptic plasticity - the ability to change neuronal connections over time - is fundamental to learning and memory. Traditionally, science has focused on nerve cells and their synapses. The discovery of intracellular Ca2+ signaling in astrocytes led to the idea that astrocytes are more than a glue holding the brain together and play a crucial role in this process. "Astrocyte dysfunction can significantly impair our ability to learn, highlighting their importance in cognitive processes. However, the exact functions of astrocytes have long remained a mystery," says corresponding and co-senior author Prof. Tatjana Tchumatchenko, research group leader at the UKB's Institute for Experimental Epileptology and Cognition Research and member of the Transdisciplinary Research Area (TRA) "Modeling" at the University of Bonn, describing the motivation for pursuing this question.

## Unraveling the intricate dance of cellular interactions during learning

"Our work as computational neuroscientists is to use the language of mathematics to interpret the experimental observations and build coherent models of the brain," says co-senior author Dr. Pietro Verzelli, a postdoctoral fellow in Prof. Tchumatchenko's group. In this case, the researchers developed a biophysical model of learning based on a biochemical feedback loop between astrocytes and neurons recently discovered by Dr. Kirsten Bohmbach, Prof. Christian Henneberger and other researchers at the DZNE and UKB (https://doi.org/10.1038/s41467-022-35620-8).

The biophysical model explains the learning deficits observed in mice with impaired astrocytic regulation and highlights the crucial role that astrocytes play in rapid adaptation to new information. By regulating levels of the neurotransmitter D-serine, astrocytes can facilitate the brain's ability to efficiently adapt and rewire its synaptic connections. "Our

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mathematical framework not only explains the experimental observations, but also provides new testable predictions about the learning process," says first author Lorenzo Squadrani, a PhD student in Tchumatchenko's group.

This research bridges the gap between theoretical models of plasticity and experimental findings on the interactions between neurons and glial cells. It highlights astrocytic regulation as the physiological basis for dynamic synaptic adaptations, a central concept of synaptic plasticity. "Our findings contribute to a better understanding of the molecular and cellular mechanisms underlying learning and memory and provide new opportunities for therapeutic interventions targeting astrocytes to improve cognitive functions," says Prof. Tchumatchenko.

## **Promotion:**

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Image material:







**Caption:** The model adds a third player, the astrocyte, to the communication between two neurons. Endocannabinoids from the postsynaptic neuron bind to astrocyte receptors and alter the D-serine concentration, which controls the sensitivity of the synapse.

Picture credits: University Hospital Bonn / Tchumatchenko Group

## Image material:



**Caption: How star-shaped cells increase flexible learning** Dr. Pietro Verzelli, Prof. Tatjana Tchumatchenko and Lorenzo Squadrani solve the hidden mystery of the role of astrocytes for learning processes and memory in the brain.





## Picture credits: University Hospital Bonn / Rolf Müller

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**About Bonn University Hospital:** The UKB treats around 500,000 patients per year, employs around 9,500 staff and has total assets of 1.8 billion euros. In addition to the 3,500 medical and dental students, 550 people are trained in numerous healthcare professions each year. The UKB is ranked first among university hospitals in NRW in the Focus Clinic List and has the second-highest case mix index (case severity) in Germany. In 2022 and 2023, the F.A.Z. Institute recognized the UKB as Germany's most desirable employer and training champion among public hospitals in Germany.